MINOR CHILD & POSTNATAL PARTICIPANT ADDENDUM AND ASSUMPTION OF RISK

Participant Name: _____ **Date of Birth:** _____

Medically Approved to Exercise: _____ **Weeks Postpartum:** _____

Home Address: _____ **City:** _____ **Prov** _____ **P-Code:** _____

Phone Number: _____ **eMail:** _____

Emergency contact: _____ **Relation:** _____

Emergency contact phone: _____ **Emergency contact eMail:** _____

Please disclose any postpartum complications or other relevant medical considerations: _____

_____

_____

1. Incorporation and Application

This Addendum forms part of and is incorporated into the Assumption of Risk, Waiver of Liability, and Indemnity Agreement (the "Agreement") previously executed by the undersigned participant ("Participant") in favour of Ululo Incorporated (dba: Lagree YYC) ("Lagree YYC").

This Addendum applies to any Participant who:

- is postpartum and/or participating in postnatal classes (including "Mega Moms"); and/or
- attends any class or is present in the Facilities with a minor child (the "Child"), regardless of the type of class attended.

In the event of any inconsistency, this Addendum supplements and does not replace the Agreement. The defined terms in the Agreement form part of this Addendum.

2. Postnatal Participation and Medical Responsibility

Where applicable, I acknowledge that I am participating in a postnatal fitness program and represent and warrant that I have received appropriate medical clearance from a qualified healthcare provider to engage in physical activity, including Lagree-based training.

I acknowledge that my participation is voluntary and that I am solely responsible for determining whether I am physically and medically able to participate safely.

3. Attendance with a Minor Child

I acknowledge that I may attend classes or be present within the Facilities with my Child.

I expressly acknowledge and agree that:

- Lagree YYC is not a childcare provider and does not provide supervision of any kind;
- I remain solely and fully responsible for the care, supervision, safety, and well-being of my Child at all times;
- Lagree YYC and the Released Parties (as defined in the Agreement and herein) will not monitor, supervise, or assume any responsibility for my Child at any time;
- the Facilities contains both mechanical exercise equipment and other participants and their children which present risks to myself and my Child; and
- I am solely responsible for ensuring that my Child's presence does not endanger themselves or others.

4. Compliance with Safety Rules and Studio Policies

I agree to comply with all Lagree YYC rules, policies, and safety instructions, including those specific to postnatal classes and any policies relating to the presence of children in the studio, as communicated verbally, in writing, or electronically, and as may be updated from time to time.

Without limiting the foregoing, I acknowledge and agree that:

- Children must not move freely throughout the studio or near exercise equipment at any time;
- Infants must remain secured in an appropriate device (including a bucket car seat, stroller, pack n' play, or carrier) at all times;
- If wearing my Child in a carrier, I must maintain at least one foot on the floor and may not stand fully on the Megaformer™;
- Only participating clients are permitted to use or touch the Megaformer™ or any equipment; and
- I am responsible for ensuring my Child does not interfere with equipment, instructors, staff, or other participants.

Lagree YYC reserves the right, in its sole discretion, to deny or terminate participation where safety policies are not followed.

5. Acknowledgment and Assumption of Risk (Participant and Child)

I acknowledge that participation in fitness activities, including the Lagree Method™ and use of the Megaformer™, involves inherent risks, dangers, and hazards that may result in injury, illness, disability, or death.

I further acknowledge that the presence of a Child in a fitness environment introduces additional risks, including but not limited to:

- Movement of equipment and mechanical components;
- Proximity to other participants performing physical activity;
- Risk of slips, trips, falls, or accidental contact; and
- Unpredictable movements or reactions of a Child.

I voluntarily and knowingly assume all risks, both known and unknown, for myself and my Child, including those arising from:

- my own actions or inactions;
- the actions or inactions of my Child;
- the actions of other participants or third parties;
- the actions of employees and contractors of Lagree YYC, and
- the condition of the Facilities, equipment, and Activities.

6. Release of Liability and Waiver of Claims

To the fullest extent permitted by the laws of the Province of Alberta, I, on behalf of myself and my Child, hereby release, waive, discharge, and hold harmless Lagree YYC and its parent companies, subsidiaries, affiliates, landlords, licensors, equipment manufacturers, suppliers, and each of their respective officers, directors, owners, shareholders, members, employees, contractors, instructors, agents, representatives, successors, and assigns (collectively, the "Released Parties") from any and all claims, demands, damages, losses, liabilities, costs, or expenses of any kind whatsoever, including those arising from negligence, breach of duty of care, or any other legal theory, arising from or related to:

- my participation in any class at Lagree YYC, including postnatal (Mega Moms) classes;
- the presence of my Child in the Facilities;
- any injury, illness, or damage sustained by me or my Child; and
- any act, omission, or negligence of the Released Parties.

This release is intended to be as broad and inclusive as permitted by law.

7. Indemnification

7.1 I agree to fully indemnify, defend, and hold harmless the Released Parties from and against any and all claims, liabilities, damages, costs, and expenses, including legal fees on a solicitor and client (full indemnity) basis, arising from or related to:

- my Child's presence in the Facilities;
- any injury or damage caused by my Child; and
- my breach of this Addendum or the Agreement.

7.2 I agree to indemnify and hold harmless the Released Parties from and against any and all claims, demands, losses, damages, costs, and legal expenses arising out of or related to any injury, loss, or damage suffered by my Child during my participation in any class at Lagree YYC, including postnatal (Mega Moms) classes and the presence of my Child in the Facilities, to the extent that such claims are brought by me or on my Child's behalf.

8. No Childcare and No Medical Advice

I acknowledge that Lagree YYC does not provide childcare services and that instructors are not medical professionals. Any instruction or guidance provided is not a substitute for professional medical advice, diagnosis, or treatment.

9. Acknowledgment and Agreement

I acknowledge that:

- I have read and fully understand this Addendum and the Agreement;
- I understand that I am assuming additional risks related to my Child's presence and/or postnatal participation;
- I am signing this Addendum freely and voluntarily;
- I am signing this Addendum as a prerequisite and in consideration for attending the postnatal (Mega Moms) classes; and
- This Addendum is binding upon me, my Child, my heirs, executors, administrators, and assigns.

Participant Name: _____ **Participant Signature:** _____

Witness Name: _____ **Witness Signature:** _____

Date: _____